

# Swim Clinic 2017

## Swimming Is For Everyone (All ages)

**Dates:** Tuesday, March 14, 2017

**Time:** Individual appointments are booked between 9:30 a.m. – 12:30 p.m.

**Location:** Thames Valley Children's Centre  
779 Base Line Rd East, London

**Registration:**

Please contact Sasha Chircoski, Recreation Therapist at 519-685-8700 ext 53396 or [sasha.chircoski@tvcc.on.ca](mailto:sasha.chircoski@tvcc.on.ca) to book an appointment or if you have questions about this clinic.



**Additional Information:**

Parking in Visitor Lot 7 at \$4/hr. Accessible parking information is available at <https://www.tvcc.on.ca/parking-779-base-line-road-east>.

Swimming is a life long leisure activity for everyone! During your 30 minute Swim Clinic appointment, you and your parent/caregiver will have an opportunity to meet with a Recreation Therapist in TVCC's therapeutic pool to explore your swimming goals. The following areas may be explored: strategies for safe participation, pool entry and exit, floatation devices and specialized equipment. Strategies, suggestions and resources will be provided at the end of the appointment.

Parent/caregiver(s) **must** accompany their child in the water.